# **CONSOLIDATION OF WAIVERS**

**Development of a Comprehensive HCBS Program** 

## BENFITS TO PEOPLE WITH DISABILITIES, OLDER TEXANS AND THEIR FAMILIES

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ADAPT of Texas
1640A East 2<sup>nd</sup> St
Austin, Texas 78702
512/4420252
bob.adapt@sbcglobal.net
www.adaptoftexas.org

### PRESENT SYSTEM IN TEXAS

• 10 HCBS Waivers \*\*\* (Over 300 waivers - nationwide)

**Community Based Alternative (CBA)** 

**Star Plus** 

**Integrated Care Management (ICM)** 

**CLASS** 

**Home and Community Services (HCS)** 

**Texas Home Living (TxHmL)** 

**Medically Dependent Children Program (MDCP)** 

**Deaf-Blind Multiple Disabled (DBMD)** 

**Youth Empowerment Services (YES)** 

Children's Waiver Program (CWP)

- Is fragmented
- Has different eligibility requirements (financial and programmatic)
- Uses separate administrative structures and costs
- Encompasses multiple contracting, licensing and quality monitoring systems
- Presents multiple points of entry to access services
- Is based on disability label and/or age of person
- Has no uniform assessment
- Has no common service definitions
- Perpetuates inequitable service packages
- Has promoted provider agencies developing around specific populations thus inhibiting competition
- Allows for inequitable wage and provider reimbursement levels for similar services
- Forces some people to receive more services than they need, while depriving others of sufficient services
- Doesn't adequately address needs of people with the most significant disabilities such as brain injury, stroke, Alzheimer's, vent users and those with psychiatric disabilities
- Provides minimal person-directed/centered planning
- Stymies development of self-determination and consumer direction
- Is confusing to all who, access services, provide services, policy makers and legislators

### WHY IS SYSTEM THE WAY IT IS?

- Federal rules don't currently allow/promote combining populations in HCBS waivers
- Identity politics in aging and disability communities have encouraged label specific waivers
- Provider influence and lobbying power advocate for their interests instead of the consumer and/or state
- Bureaucratic intransigence and aversion to change
- Political system resistant to confront tough choices
- System is built from a "Program-centered" rather than a "Person-directed/centered" approach
- Liability concerns inhibit allowing individuals to choose to take "risks" resulting in an overprotective and patronizing system
- Services are perceived to be medical in nature rather than being seen as the support services they are. This is caused by the Medicaid and Medicare source of LTSS funding
- Limited funding for HCBS forces populations to isolate and compete for scarce resources
- Funding limitations due to federal institutional bias in LTSS written into the Medicaid statue
- There is currently no consensus on a way to move forward

# BENEFITS OF A COMPREHENSIVE HCBS SYSTEM BASED ON PERSON'S FUNCTIONAL NEEDS

- There would be ONE modular uniform assessment tool based on person's functional needs (Community Integration Assessment [CIA])
- There would be common definitions of services and program terminology so consumers and providers can understand the "alphabet soup"
- It would simplify the eligibility process (financial & programmatic)
- It would allow for standardized data collection and tracking of actual expenses
- There would be a uniform reimbursement methodology for services
- There would be uniform contracting that would enhance competition
- There would be a uniform licensing process
- There would be easier access to services for the consumer by defining point(s) of access
- There would be easier access for people with multiple disabilities
- It would allow for real person-directed/centered planning
- It would allow for self determination, increased choice, and consumer control
- It would provide a flexible menu of services that would allow folks to get what they need
- There would be quality standards based on real life outcomes of the person rather than on delivery system
- There would be savings of unnecessary administrative costs caused by the current duplication of services
- The administrative structure would be reformed and become more efficient

#### TRANSITION TO "COMMUNITY FIRST"

- Starts with commitment to the vision and development of a plan to institute a comprehensive, less fragmented person-directed/centered HCBS service and delivery system by the Governor, Legislature, HHSC and HCBS stakeholders
- Recognizes the need to take incremental steps toward the vision of a comprehensive HCBS system
- Requires the political will/oversight to follow through on this plan till the vision becomes a reality
- Requires the development of a "COMMUNITY FIRST" plan, with stakeholder input by HHSC and/or LTSS Coordinating Council which includes specific strategies, timelines and accountability measures
- Includes a realistic review of previous Texas steps to build a more comprehensive HCBS system, as well as best practices from other states experiences, so we can build on what we know works.
- Includes development of a data base of current and future HCBS workforce demographics and a plan for how we will attract workers to meet the growing need
- Includes a review of "risk management" criteria to include in HCBS programs to replace current controlling and patronizing practices
- Includes a review federal of waiver development and reform possibilities allowing the combining of populations into one waiver

#### THE JOURNEY BEGINS WITH THESE STEPS

- Direct HHSC and the LTSS Coordinating council to review the current system and create a 5 year "COMMUNITY FIRST" plan to develop a comprehensive HCBS system. This review should include money that would be saved by streamlining the current HCBS system
- Direct HHSC to review and fund all existing waiver options/amendments such as 1115 that would allow for the development of a comprehensive waiver
- Immediately combine the HCS and CLASS waiver into one Developmental Disabilities waiver
- Request a waiver for the ICF-MR program which would allow HHSC and DADS to redesign the entire program without restrictive ICF-MR institutional rules
- Standardize all service descriptions and service choices for consumers in all of the waivers. Request waiver amendments from CMS to make waivers more "alike" than "different"
- Develop a modular uniform functional assessment tool (Community Integration Assessment [CIA]) to be used by all waivers
- Review current data collection, methods and categories and standardize across waivers
- Standardize reimbursement rates for similar services across all waivers
- Explore ways to develop uniform licensing and contracting standards for all waivers to allow/promote competition
- Reconfigure current waivers so that service packages are similar and allows consumer to pick only the services they need
- Expand the Relocation Specialist program in the MFP project to be Relocation/Diversion Specialists
- Prioritize self determination and consumer directed services by enhancing fiscal intermediary system
- Define the roles of all the current points of entry that consumers use to receive HCBS services and develop a

- report on how these can be streamlined for ease of access for consumers of HCBS
- Direct HHSC to explore developing "risk management" criteria to include in HCBS
- Develop a media campaign to publicize HCBS programs and the various delivery options such as selfdetermination, consumer direction and traditional agencies